



2018 VINS NATURE CAMP

HEALTH AND EMERGENCY CARE FORM

Leader-In-Training –Volunteer

Instructions:

- Please return completed forms **NO LATER** than two weeks prior to the start of camp
- One set of forms per L-I-T should be submitted per calendar year
- Complete pages 1-5 in full. If your child/ward will be taking medication during the camp day, you must also complete pages 8-11

General Information

L-I-T's Name: _____

Entering Grade: _____ Gender: M F Age: _____ Birth date: _____

Camp Session(s) & Dates: _____

Camp Location: _____

Parent/Guardian Name: _____

Home Phone: _____ Work Phone: _____

Mobile Phone: _____ E-mail: _____

Address: _____

Mailing Address (if different than above): _____

Second Parent/Guardian Name: _____

Home Phone: _____ Work Phone: _____

Mobile Phone: _____ E-mail: _____

Address (if different than above): _____

NOTE: All program communications are electronic.

Best way to contact during camp hours: _____

Emergency Contacts

If we **cannot** reach the Parent(s)/Guardian(s) listed above, please provide emergency contacts:

Name	Phone	Relationship to camper
1. _____		
2. _____		

Pick-Up Authorization

Please list **ALL** adults (INCLUDING YOURSELF) authorized to pick up your child (**photo ID will be checked**). L-I-T's are able to sign themselves out at the end of the day with parent permission.

1. _____	4. _____
2. _____	5. _____
3. _____	6. _____

Medical Information

Medical Concerns: Does your child suffer from any of the following? If so, please provide specific information including reaction, management, frequency, and any other necessary information.

<input type="checkbox"/> Allergies Food or Other	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Insect Stings
<input type="checkbox"/> ADD/ADHD	<input type="checkbox"/> Epilepsy/Seizures	<input type="checkbox"/> Mononucleosis
<input type="checkbox"/> Asthma	<input type="checkbox"/> Frequent Colds	<input type="checkbox"/> Psychiatric Treatment
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Hayfever	<input type="checkbox"/> Reaction to Poison Ivy
<input type="checkbox"/> Cramps	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Other (describe below)
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Hypertension	

Comments: _____

NOTE: We cannot guarantee that your child will not be exposed to allergens during his/her time at VINS Nature Camp.

Medications: List all medications, including EpiPen, asthma inhaler, over-the-counter or non-prescription drugs, taken regularly. Please complete the L-I-T Medication Information, Permission, and Waiver on pages 8-11 of this document if your L-I-T will take any of these medications while at camp.

If your child will be taking medication during camp hours, you must complete the L-I-T Medication Information, Permission, and Waiver

Immunizations:

Are your child's immunizations current? **Yes** **No**
Has your child had chicken pox? Yes No
If no, has your child received the varicella (chicken pox) vaccine? Yes No
Date of your child's last Tetanus shot ____/____/____

Health Insurance and Physician Information:

Insurance Company	Policy/Group Number	Participant ID #
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Physician's name	Office Phone #
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Physician's Address

Dentist's Name	Office Phone #
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Dentist's Address

Notification: Do you want to be notified immediately for minor injuries (e.g. scrape, non-allergic bee sting, bloody nose, or sliver) that do not limit participation?

Yes **No**

Authorization for Treatment

In case of medical emergency, I understand that every reasonable attempt will be made to contact me, my named emergency contact, or my family physician, in that order. In the event that my named contacts or I cannot be reached, I hereby authorize the VINS Nature Camp Staff and medical personnel to take emergency measures as needed to safeguard my child/ward's health and wellbeing. I agree to pay for any charges for emergency medical treatment that are not covered by my personal health insurance. By signing this statement, I affirm that I am legally authorized to do so.

Name of L-I-T: _____

Signature of Parent/Guardian: _____ Date: _____

Print Name of Parent/Guardian: _____

Acknowledgement and Release

- I affirm that my child/ward's participation in VINS Nature Camp is voluntary and understand that participation in VINS Nature Camp activities including swimming, hiking, archery, camping, boating, and other activities involves inherent risks, known and unknown, which could result in injury, illness or death. I acknowledge that the activities and their associated risks are inherent to the VINS Nature Camp experience and without them the program would lose its essential character and value.

I also understand that, despite safety precautions VINS Nature Camp cannot guarantee that my child/ward will not be injured. I am willing to assume these risks.

- I, for myself and for my heirs, personal representatives, and assigns, and each of them, do hereby forever release and fully discharge the Vermont Institute of Natural Science, and its officers, agents, volunteers and employees, affiliates (including all 2018 VINS Nature Camp partners), representatives, successors, and assigns, from any and all actions, causes of action, claims, costs, damages, demands, fees, and/or liability of any kind, nature, or descriptions whatsoever, whether known or unknown, arising out of or in any way related, whether directly or indirectly, to participation in any VINS Nature Camp program, including, but not limited to any physical injury, psychological injury, or loss of life or personal property that may occur as a result of participating in this program.
- I understand and accept the terms of VINS Nature Camp's Behavior Code and policies regarding behavior and discipline issues, outlined on page 6 and 7 of this document, and believe that my child/ward can meet the expectations for safe and successful participation as detailed. Additionally, I understand that failure to abide by VINS Nature Camp Behavior Code may result in dismissal from the program.

- I grant permission for my child to participate in field trips to properties not owned or managed by VINS but that are either open to the public or that VINS Nature Camp has received permission to visit.
- I grant VINS and its 2018 camp partners (if applicable) permission to use photographs of my child participating in camp-related activities for publication in promotional materials, including but not limited to brochures, flyers, newspaper advertisements, social media, and the VINS/program partner's website.

Parent/Guardian Signature: _____ Date _____

Please return completed 2018 VINS Nature Camp Health and Emergency Care Form for L-I-Ts to:

camps@vinsweb.org

Fax: 802.359.5001

VINS Nature Camp
P.O. Box 1281
149 Natures Way
Quechee, VT 05059

**Please return completed forms NO LATER than two weeks
prior the start of camp**

VINS Nature Camp Behavior Policies

The VINS Nature Camp staff provides a high level of respect and care for each individual camper. To ensure the safety and comfort of every camp participant, whether camper, Leader-In-Training, or staff, VINS expects that everyone understand and adhere to our VINS Nature Camp Behavior Code.

The following is our VINS Nature Camp Behavior Code. Campers will be introduced to these behavior guidelines on the first day of camp. It is highly encouraged that you and your camper(s) review them ahead of time.

VINS NATURE CAMP BEHAVIOR CODE¹



- The **Pinky Finger** is the smallest and easiest to hurt which is why it represents **Safety** in VINS' behavior code. When we look at our pinky, it reminds us to look out for the emotional and physical safety of others and ourselves, by following safety rules, using kind language, and keeping our hands to ourselves.
- People wear wedding bands on their **Ring Finger** to represent their **Commitment** to each other. VINS Nature Camp expects participants commit themselves to the camp experience by participating in the activities of the day, being willing to try new things, and being open to facing challenges. This allows campers to get the most out of their camp experience.
- At VINS Nature Camp, the **Middle Finger** represents **Respect** for each other, ourselves, and the world around us. Camp participants practice working with others, are encouraged to get in the habit of giving compliments and praise for jobs well done and in recognizing the capacity for good in everyone, including ourselves and to think about ways to respect our camp environment.
- The **Pointer Finger** points; people often use it to point at others. This finger reminds everyone about their **Responsibility** as part of a group. Everyone gets to choose how he or she behave. At VINS Nature Camp, children are taught to make their own choices and to take responsibility for their actions.
- **“Thumbs up”** is a universal gesture of approval. At VINS Nature Camp, “Thumbs Up” reminds us to keep a positive attitude, encourage others and **HAVE FUN**. VINS Nature Camp curricula are designed so that campers will have fun while exploring nature and through those experiences build a better understanding of and appreciation for the natural world.

¹ VINS' Nature Camp Behavior Code is based on 5 Finger Contracts used by many adventure and challenge-by-choice programs.

VINS Nature Camp staff is trained in behavior management techniques and work with campers to resolve issues with their conduct. However, certain behaviors are deemed unacceptable at VINS Nature Camp; including, but not limited to, intentionally harming others, using abusive or foul language, disobeying camp rules established at the start of the camp week, and behaviors that create an unsafe camp environment for others.

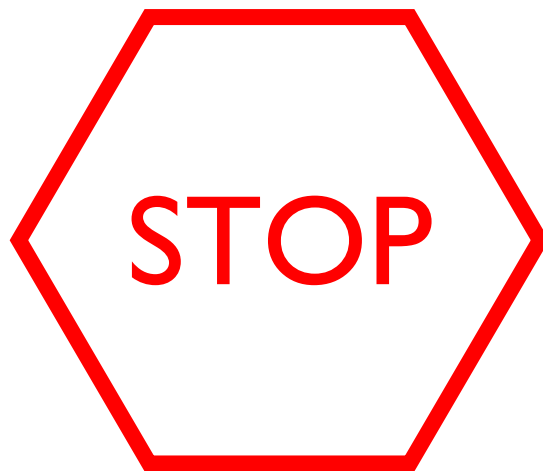
In the event of unacceptable behavior, staff may issue the camper a 'Strike'. VINS Nature Camp operates on a three-strike policy when dealing with discipline issues:

1st Strike – Parent or guardian will be notified of the behavior and ensuing 'Strike' at the end of the camp day. VINS Nature Camp staff will discuss with parents and the camper how to avoid the behavior in the future.

2nd Strike – Parent or guardian will be notified during camp hours of the behavior and ensuing 'Strike'. VINS Nature Camp staff will continue to work with parents and the camper to avoid the behavior in the future.

3rd Strike – Parent or guardian will be notified to pick up the camper immediately. The child will be removed from camp for the remainder of the week. No refund will be given in the event of an expulsion.

If you have any questions about our VINS Nature Camp Behavior Code or our policies regarding discipline or expulsion, please contact VINS Lead, Nature Camp, at 802.359.5000 x245.



Complete the next section **ONLY** if your child will be taking medication **during camp hours** or if your child will have an asthma inhaler and/or EpiPen at camp with them.



2018 VINS Nature Camp L-I-T Medication Information, Permission and Waiver

Please fill out the items below regarding your L-I-T's medication information and read and sign the Medication Policy Acknowledgement and Release. If you have any questions regarding this form or VINS Nature Camp's medication policy, contact 802-359-5000 x245.

The VINS Nature Camp staff may not assist with L-I-T medication or carry any medication on their person for a camp participant **UNLESS** this form has been completed.

L-I-T Information:

L-I-T's Name: _____ Age: _____

Parent/Guardian Name(s): _____

Parent/Guardian Phone (Home): _____ (Mobile): _____

Medication Information: Include any prescription and over-the-counter medication that your minor child takes on a regular basis and will take while at VINS Nature Camp.

I. Medication: _____

Dose: _____ Time(s) dispensed: _____

Dispensing Instructions:

Possible Side Effects:

Complete Dosage Instructions:

Prescribing Doctor: _____ Prescribing Doctor Phone: _____

Prescribing Doctor Address: _____

2. Medication: _____

Dose: _____ Time(s) dispensed: _____

Dispensing Instructions:

Possible Side Effects:

Complete Dosage Instructions:

Prescribing Doctor: _____ Prescribing Doctor Phone: _____

Prescribing Doctor Address: _____

3. Medication: _____

Dose: _____ Time(s) dispensed: _____

Dispensing Instructions:

Possible Side Effects:

Complete Dosage Instructions:

Prescribing Doctor: _____ Prescribing Doctor Phone: _____

Prescribing Doctor Address: _____

*****Use additional sheets if necessary*****

Medication Policy Acknowledgement and Release

- In all cases, the term “medication” refers to a medicine has been prescribed by a licensed physician or that is taken by the L-I-T on a regular basis and is needed to maintain the health and well-being of the child during the duration of the camp.
- In all cases, the term “administration” is equivalent to camp staff maintaining possession of the medication and/or placing it in a secure location until the time it is needed. Camp staff remind L-I-Ts at the documented time and will give them the medication container. The L-I-T must be able to identify the shape/color of their medication and be able to take it on their own.
- I give permission to the staff of the Vermont Institute of Natural Science Nature Camps to administer to my child/ward the following medication(s):

- I understand that it is my responsibility to give my L-I-T’s medication directly to VINS Nature Camp staff. I understand that all medications must be in their original containers either in individual dosage containers (blister packs), or in original prescription bottles and must be labeled with the following information:

<input type="checkbox"/> Name of L-I-T	<input type="checkbox"/> Dosage	<input type="checkbox"/> Prescribing Doctor
<input type="checkbox"/> Medication	<input type="checkbox"/> Time of day to be given	<input type="checkbox"/> Doctor’s phone number
- I understand that measurement of medication dosage is not the responsibility of camp staff and my child must come to camp with the medication pre-measured for the correct dosage.
- I hereby acknowledge that the above information provided for the administration of medication for my child/ward is accurate. I also understand that it is my responsibility to inform VINS Nature Camp staff of any changes in the dispensing of medication.
- In all cases, any changes to medication or dosing need to be made by completing a new L-I-T Medication Information, Permission, and Waiver.
- My child/ward knows how to properly use their own Inhaler/EpiPen and has been instructed not to show or share it with others. _____(Initial)
- In all cases, the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give my permission to the Vermont Institute of Natural Science to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment of all medical services rendered.
- I recognize and acknowledge there are certain risks of injury/illness in connection with my child/ward’s medication. In consideration of the Vermont Institute of Natural Science’s administering medication to my child/ward, I do hereby fully release or discharge the Vermont Institute of Natural Science, and its officers, agents, volunteers and employees from any and all claims from injuries, damages and losses I or my child/ward may have (or accrue to me or my child/ward), and arising out of, connected with, incidental to, or in any way associated with the administering of medication.

Parent/Guardian Signature: _____ Date: _____